

Hensingham Primary School's Newsletter

Autumn Term: Friday 19th November 2021

Absences

Please report your child's absence before 09:15am by phone 01946 690021 or via ParentMail.

Attendance

This week 96.35%

Lunch Shop

Please, please, please remember to order your child's meals.

Y6 Netball

Participation Day

Next Friday, the 26th of November, all year 6 children will be going to William Howard school by coach for the netball participation day.

Revised pickup and drop off times are:

Depart Hensingham @ 8:20am

Return to Hensingham @ 3:55pm

All children require a packed lunch and suitable clothing for outdoor PE activities.

Christmas Hampers

A reminder of the colours for the Christmas hampers. Donations do not need to be expensive but can be food, drink, Christmas decorations etc.

Nursery/Reception - Rocking Red / Wintertime White

Year 1/2 Mrs Kirkbride - Bauble Blue / Glittering Gold

Year 2/3 Mrs Allen - Beautifully Black / Perfect Purple

Year 4 - Mrs Berry & Mrs Walker - Shiny Silver / Gorgeous Green

ParentMail

Please check your account and settle any outstanding balances as soon as possible. Payment items can be found by going to 'Payments' then clicking on 'Shop'.

Labelling School Uniform

Please make sure that all of your child's uniform is clearly labelled with their first name and surname.

Safeguarding

Many of our children use the internet for games and social media. Please follow the link below for up to date guidance on different platforms your child may be using, and how to support and educate them to be safe and informed

<https://nationalonlinesafety.com/guides>

PE Kits

Please make sure your child has the correct PE kit in school.



Stars of the Week

<u>Class</u>	<u>Star of the week</u>	<u>Golden Jumpers</u>
Nursery	Karson Lewthwaite	Ronnie McCarthy
Class 1	Axel-Jay McCormick	Kylana Lewthwaite
Class 2	Bella - Rose Rowlandson	Danny Whitfield
Class 3	Alyssa-Rose Crawford	Jacob Carruthers
Class 4	Kai Maudling	Lola - Destiny Weldon
Class 5	Oscar Boakes	Olivia Ligus
Class 6	Cameron Bowness	Lukas Foster



Love your packed lunch

PhunkyFoods Top Tip 4: Choose lower sugar dairy desserts



Don't forget one portion of dairy (or alternatives) for healthy teeth and bones.

- Don't be swayed by heavily marketed kid's versions of dairy desserts, such as cartoon-covered yogurts, custards and fromage frais – they tend to be packed with sugar.
- Check your dairy dessert label; try and choose varieties with less than 5g of sugar per 100g. Or opt for naturally low sugar varieties such as natural, plain or Greek yogurt, and add your own fruit topping for sweetness.
- If, on a couple of days each week, you want to include a sweet pudding option, like a small cake or biscuit, why not ditch the dairy dessert and include a stick of cheese for dairy instead? This will keep sugar intakes within sensible limits, and still give your child that all important portion of dairy for healthy teeth and bones.
- A 20g stick of cheese is just right, and tastes delicious with a few grapes or an apple.

CET Christmas Card Competition

Please check your ParentMail account for details on the CET Christmas Card Competition. The closing date for entries is 9am on Monday 22nd November.

Important Dates

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Monday 22 nd November	Christmas Crafts 3:15-4:15 Reading Club 3:15-4:00
Tuesday 23 rd November	Multiskills 3:15 to 4:15
Wednesday 24 th November	Homework Club 3:15 - 4:00
Thursday 25 th November	Netball Club 3:15-4:15
Friday 26 th November	Y6 Netball Participation Day at William Howard School
Monday 6 th December	EYFS Christmas Performance 9:30 & 4:00 Year 1 & 2 Christmas Performance 2:00 & 6:00
Tuesday 7 th December	Year 2 & 3 Christmas Performance 2:00 & 6:00
Wednesday 8 th December	Year 4 Christmas Performance 2:00 & 6:00
Monday 13 th December	Church Service
Tuesday 14 th December	Whole School Cinema Trip
Wednesday 15 th December	Christmas Dinner
Thursday 16 th December	School closes for Christmas at normal time