

‘Trying New Foods’ Workshop



- Would you consider your child to be a ‘fussy’ eater?
- Are you preparing different meals for each member of the family?
- Are you concerned about the nutritional content of your child’s diet?
- Does your child prefer certain food groups?
- Are mealtimes becoming a battle?

If the answer is **Yes** then our ‘**Trying New Foods**’ workshop might be for you!

Date	Wednesday 27 th March 2024
Time	2pm-3pm
Venue	Hensingham Primary School

To book your place please contact school reception.