



Dear Parents/Carers

You will be aware that, as a part of your child's educational experience at Hensingham Primary School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

From September 2020 the Department for Education made Relationships Sex Education and Health Education compulsory in all schools.

What does the guidance mean?

The guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up, it will give young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being. All the sessions will be age-appropriate and meet the needs of all pupils in the class.

How is this delivered?

This guidance forms part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and Governing Body. For more detail about our PSHE curriculum offer, please visit our website. All teaching in PSHE takes place in a safe learning environment and is underpinned by our school ethos and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

Can I withdraw my child from Sex Education?

Sex education is separate from the Relationships and Health curriculum. You can withdraw your child from some or all of the lessons on Sex Education. The head teacher must grant your request to withdraw your child. For further information, please visit our website.

What if I have questions?

We first implemented this policy in 2020 where at the time, parents were given the opportunity to review the draft policy and provide feedback. If you would like to find out more, make comments or provide feedback on our policy and the statutory content of the relationships and sex education programme, please contact the school office or in writing to Mrs Brotherhood. Feedback can be given at any time throughout the school year.

Kind Regards,

Mrs A Brotherhood
Headteacher